

PERSONAL AND FAMILY HEALTH HISTORY

Today's date: _____

Personal Health Number (PHN): _____

Name: _____ Marital status: S M W D
last first middle

Address _____
street city postal code

Gender M F Age _____ Date of Birth _____

Spouse _____ Children _____

Method for Appointment Reminders: Home Phone
Cell Phone
Email
Work Phone

Occupation _____ Employer _____

How did you hear of us? _____ Medical Doctor _____

When was your last adjustment? _____ By Whom? _____

Do you need printouts for Extended Health No _____ Yes _____

Are you claiming Worker's Compensation? No _____ Yes _____ Claim # _____

Are you claiming under ICBC? No _____ Yes _____ Claim # _____

Family Health: Is there a family history of: Arthritis Cancer Diabetes Strokes
 Heart Disease High Blood Pressure Other _____

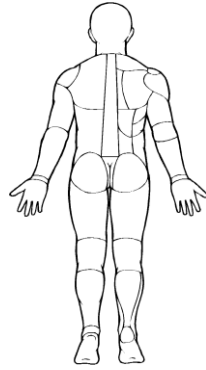
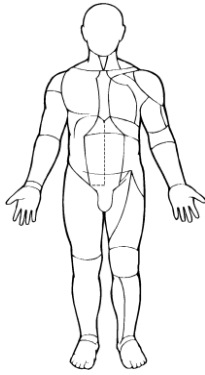
Medical History: Please list any medical prescription drugs you are currently taking:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

PLEASE CHECK THE CHOICE THAT MOST CLOSELY DESCRIBES
YOUR CURRENT GOALS FOR HEALTH AND WELLBEING

- I am only concerned about relief of a particular symptom
- I am concerned about relief of a particular symptom, and preventing its return
- I am here for preventative wellness care

Please clarify areas of concern:



When did you start experiencing pain in this area? _____

Is the pain gradually getting better or worse? _____

On a scale of 1 to 10, 10 being the worse, how bad would you say your pain is? 1 2 3 4 5 6 7 8 9 10

How would you describe the pain?

- Burning
- Itching
- Throbbing
- Numbness
- Stabbing
- Pins & Needles
- Other: _____

Have you had this or a similar complaint before? _____

What do you think caused the problem? _____

PERSONAL HISTORY

**THE HUMAN BODY IS DESIGNED TO EXPRESS HEALTH AND FUNCTION NORMALLY.
 HOWEVER, EVENTS MAY OCCUR IN LIFE, WHICH CAN INTERFERE WITH THIS NATURAL ABILITY.
 THIS INTERFERENCE IS COMMONLY THE RESULT OF VERTEBRAL SUBLUXATIONS.
 STRESS THAT MAY BE PHYSICAL, CHEMICAL OR EMOTIONAL
 MAY CAUSE THESE SUBLUXATIONS.
 THE PRACTICE OF CHIROPRACTIC IS BASED ON THE LOCATION AND REDUCTION OF NERVE
 SYSTEM INTERFERENCE CAUSED BY THE VERTEBRAL SUBLUXATION.**

PLEASE TELL US ABOUT ANY STRESS UP TO THE PRESENT:
check any that apply

- Stress at birth (premature / forceps) Explain: _____
- Allergies / Asthma _____
- Digestive problems _____
- Auto injury _____
- Work injury _____
- Sports injury _____
- Work stress _____
- Family / Home stress _____
- Prescription drug use _____
- Non-prescription drug use _____
- Hospitalizations _____
- Surgeries _____
- Major illnesses _____
- Reoccurring illness _____
- Limited exercise _____
- Poor nutrition _____

Please circle any that apply:

Smoker Alcohol Use Car Accident Former Smoker Work Injury Poor Nutrition
Surgery Not Enough Sleep Broken Bones

Anything else: _____

Patient Initials: _____